

## BABY ESSENTIALS CHECKLIST

### Clothes

- 3 or 4 Babygros/ all-in-one sleepsuits
- 3 or 4 Baby vests/body suits
- One or two cardigans
- Hat mitts and booties

### Bathtime and Changing

- Nappies
- Nappy bucket with lid for reusable nappies
- Baby wipes or cotton wool, for use at nappy changing
- Changing Unit and / or a changing mat
- A baby bath / or a newborn bath support
- Top and tail bowl
- A couple of small towels and some mild baby bath
- Brush and comb

### Bedtime

- Moses basket or cot / cotbed
- New mattress to fits the Moses basket, cot or crib
- Cot sheets and cellular blankets, or a bottom sheet and a baby sleeping bag

### Feeding

- Nursing bras and breast pads if you are breastfeeding
- Bottles, teats, bottle brushes and some sterilising method, if you are bottle feeding
- Bibs
- Muslin squares (useful for lots of things, not just at feeding time!)

### Out and about

- A shawl or snowsuit
- An all-in-one warm suit with poppers beneath the for a winter baby.
- One or two blankets to wrap your baby in
- An infant carrier or rear-facing car seat, if your baby will be travelling by car
- A pram, pushchair or travel system that is suitable for newborn babies

## NICE TO HAVE

- Baby layette box
- Change bag
- Nappy stacker
- Nappy wrapper
- Baby lotion
- Bath thermometer
- Nail scissors
- Microwave or electric steam steriliser
- Breast pump and milk storage bottles / bag
- Nursing pillow
- Bottle warmer
- Bouncer chair
- Baby monitor
- Night light
- Sling

## HOSPITAL BAG CHECKLIST

- Front-opening night dress or pyjamas, dressing gown and slippers
- Nursing bras
- Breast pads
- Maternity pads (or super-absorbent sanitary towels)
- Toiletries
- Nappies
- Baby toiletries and cotton wool
- Baby clothes (including babygro, hat, booties and scratch mitts)
- Shawl or cot blanket
- Car seat
- Clothes and a coat if it's cold
- Money and camera



Unit 5, Stonehenge Walk, Amesbury, Wiltshire SP4 7DB  
Tel: 01980 625285 [www.amesburybabycentre.co.uk](http://www.amesburybabycentre.co.uk)